



(FROM 2 - 6 YEARS)

# PARENTS HANDBOOK

HOURS OF OPERATION 7:00 AM - 6:00 PM  
MONDAY TO FRIDAY

**Telephone : 626.457-5927**

150 North Garfield Avenue, Alhambra CA 91801

Visit us on the web at <http://www.angels-preschool.com>

Revised 14 Sep 2006

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**[www.angels-preschool.com](http://www.angels-preschool.com)**

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**Instant access to school calender**  
**Find help with common medical ailments**  
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**and more**



## Dr. Maria Montessori

Dottoressa Maria Montessori (1870 - 1952) was born in Italy in 1870, and subsequently became Italy's first female doctor in 1896. At the age of 28 she became the director of a school for *mentally disabled* children. She spent long hours at the school developing her own approach to learning, and after two years, these children, who had formerly been considered ineducable, took a school examination along with normal children and passed successfully.

In 1907, she was presented the opportunity to apply her educational theories to normal children. She was given the responsibility of establishing a school—a day-care center—for the 50 children living in an impoverished tenement building. The property's owner was tired of the children's vandalism and offered Dr. Montessori her first chance to set up her concept of what a child-centered environment should be.

From these early beginnings developed a method of education that has spread around the world. In 1929 Dr. Montessori founded **AMI** (Association Montessori Internationale) to establish and coordinate training centers to authentically prepare teachers. Dr. Montessori, who's legacy includes being nominated three times for the Nobel Peace Prize, died in Holland in 1952, and today more than 4,000 schools worldwide have adopted the *Montessori* method.



## WELCOME

This guide will help you and your child gain the greatest benefit from Angels Montessori Preschool. It will answer most of the questions that you may have regarding your child and the school.

Our staff hopes to help you with your child's school adjustment, growth and development, We will be happy to discuss your child's progress at any time.

The school is licensed by the state of California and welcomes all children of any race, religion, color or special needs.

The school follows the renowned Montessori Program using their Philosophy, Materials and Equipment.

The program includes instruction in Math, Phonics, Science, Social Science and Printing. Also included are sessions in art, music, singing, movement, music, dance, and outdoor play.

The Management & Staff  
Angels Montessori Preschool, Inc.

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# DAILY SCHEDULE

7:00 - 8:00 a.m.	Indoor Activities (Blocks, Puzzles, Painting, Playdough, music)
8:00 - 9:00 a.m.	Outdoor play
9:00 - 9:30 a.m.	Circle Time (Stories, singing, Group lessons)
9:30 - 10:00 a.m.	Montessori Activity
10:00 - 10:15 a.m.	Snack Time
10:15 - 10:45 a.m.	Individual work time (Blocks, Calender, art projects, free choice, work books, montessori materials and other manipulatives)
10:45 - 11:30 a.m.	Outdoor Play
11:30 - 11:45 a.m.	Toileting, clean up before lunch time
11:45 - 12.30 p.m.	Lunch Time/Clean Up
12:30 - 2.30 p.m.	Nap Time/Rest Time
2:30 - 3.00 p.m.	Toileting/Diaper Changes
3:00 - 3.30 p.m.	Circle Time
3:30 - 4:45 p.m.	Afternoon snack Time/ Outdoor Play
4:45 - 6:00 p.m.	Indoor Activities (Playdough art activities, puzzles, gymnastics, block, music, reading stories)

## Cultural Awareness Program

The children gain an awareness of the world around them by exploring other countries, their customs, food, music, climate, language and animals. This helps to raise their consciousness about other people, to gain an understanding, tolerance and a compassion for all the people in the world.

## Cooking and Nutrition

The children study the four basic food groups and learn what their bodies need in order to be healthy. They cook nutritious foods that revolve around their studies of other countries.

## Arts and Crafts

Art in the primary environment strives to maintain the great joy the child finds in creating something of his or her own. The children have the freedom to explore their imaginations in a variety of mediums used for expression. The importance of the process is stressed at this time, not the end product.

## Music

Music is fundamental in the classroom. All types of music are integrated. Music appreciation is cultivated, and music used by the civilizations throughout history is unfolded before the child. Music will find its way in all aspects of the classroom - as a subtle background during work time, to signal cleanup time, as an integral part of the cultural curriculum, as a form of celebration and fun. It's beautiful to watch a child identify and request Mozart or John Philip Sousa as he or she walks on the line!

## Science and Nature

In science the children's natural curiosity is stimulated through discovery projects and experiments, helping children draw their own conclusions. The plant and animal kingdoms are studied in an orderly fashion to foster a love and appreciation for all living things.

# 1. INTRODUCTION

Angel's Montessor Preschool was started to serve the growing need for the education and care of children in the Alhambra area.

Our goal is to facilitate the development of well disciplined children, with good manners and strong learning skills. While we can train the most difficult of children, we also need parents to follow through at home. This approach ensures that the child is provided with the right environment to become a well balanced smart child both at home and school.



Children in a Montessori environment start with the very basics. Before they begin to learn their colors or their numbers, they must learn the importance of good discipline. That means they need to sit quietly when asked, follow direction when given instructions, put away things, concentrate on their own assignments, not disturb others and many other basic social skills. Emphasis is placed on controlling their impulsive behaviors and the ability to follow direction through a series of activities and techniques that are unique to Montessori. Only then do they go onto more complex tasks.



Once your child has learned the ground rules, they are introduced to more complex Montessori activities. While your child has the relative freedom to choose an activity, once chosen they must first listen to the teacher. The teacher will demonstrate how the activity is to be completed and name the names associates with the task.

Only then can the child engage in the activity. Most Montessori activities have to be completed on a mat or particular work space. This ensures that the child does not disturb others and concentrates on their own task.

Of course the school is not just about classroom work. We take the time to have fun. Lots of fun. But even fun is a learning experience, whether we are dancing to music or watering the plants. Above all we want to create a magical experience for your children. We hope that the experience at Angel's Montessori will instill in your child a lifetime of positive experiences. One that they can use to make the world a better place, with order, kindness and a quest for excellence.

## **2. GOALS & OBJECTIVES**

### **A Positive Attitude Towards School**

Most of the learning activities are individualized. Each child engages in a learning task which has a particular appeal to the child, because the activity is geared to their level of needs and readiness. Consequently the child works at their own rate, repeating the task as often as they like, thus experiencing a series of successful achievements, which builds a positive attitude towards learning itself.

### **Self Confidence As An Independent Learner**

Many grade and high school pupils have difficulty in school because they do not have confidence in themselves. In our school tasks are programmed so that each new step is built on what the child has already mastered, thus removing the negative experience of frequent failure. Repeated success builds an inner confidence and the reassurance that the child can learn by themselves and also contributes to the child's emotional development.

### **Building the Habits of Concentration**

Through a series of absorbing experiences, the child forms habits of extended attention, thus increasing their ability to concentrate.

### **Fostering An Abiding Curiosity**

A deep persistent curiosity is a prerequisite for creating learning. By providing the child with opportunities to discover qualities, dimensions and relationships amidst a rich variety of learning situations, the child's desire to know is developed into a habit of being curious about everything.

### **Developing Habits of Initiative and Persistence**

By surrounding the child with appealing materials and learning activities geared towards his/her inner needs, the child becomes accustomed to engaging in activities on his/her own. Gradually this results in a habit of initiative; an essential quality in leadership. "Ground Rules" call for completing a task once begun and for replacing materials after the task is accomplished. This "Completion Expectation" gradually results in habit forming persistence.

paper) form. Children in a Montessori class never sit's down to memorize addition and subtraction facts; they never simply memorize multiplication tables. Rather, they learn these facts by actually performing the operations with concrete materials. They work the problems with appropriate materials and they record their results.

### **Language**

Children learn the phonetic sounds of the letters before they can learn the alphabetical names in a sequence. The phonetic sounds are given first because these are the sounds they hear in words that they need to be able to read. The children first become aware of these phonetic sounds when the teacher introduces the consonants with the Sandpaper Letters. The individual presentation of language materials in a Montessori classroom allows the teacher to take advantage of each child's greatest periods of interest. The children's interest in reading is never stifled by monotony but cultivated as their most important key to future learning. They are encouraged to explore books for answers to their questions, whether they are about the planets, bicycles or plants. The children are introduced to grammar by games that show them that nouns are the names of things, adjectives describe nouns, and verbs are action words.

### **Physical Geography**

The large wood puzzle maps are among the most popular activities in the classroom. At first, the children use the maps simply as puzzles. Gradually, they learn the names of many of the countries as well as information about climate and products. The maps illustrate many geographical facts. Children also learn the common land formations such as islands and peninsulas by making them.

### **History**

Montessori offers the children a concrete presentation of history by letting them work with Time Line, long strips of paper, which can be unrolled and stretched along the floor of the classroom. The line is marked off in segments, representing consecutive periods of history. The children begin by making a time line of their own lives, starting with their baby pictures.

## 5. MONTESSORI METHOD

The teaching method at Angels Montessori Preschool uses the Montessori Method . The following is a brief description what the Montessori method is and will help you to understand its' benefit for your child.

### Practical Life Exercises

What an adult considers ordinary, like washing dishes, polishing shoes, a child finds it fascinating. They are exciting to children because they allow them to imitate adults. Imitation is one of the strongest urges during a child's early years. They also learn good working habits like putting away all materials before beginning another activity.

### Sensorial Exercises

The Sensorial Materials help children to distinguish, to categorize, and to relate new information to what they already know. This process is believed to be the beginning of conscious knowledge. It is brought about by the intelligence working in a concentrated way on the impressions given by the senses.

### Mathematics

If children have access to mathematical equipment in their early years, they can easily and joyfully assimilate many facts and skills of arithmetic. Facts and skills that may require long hours of drudgery and drill if they are introduced to them later in the abstract (pencil and

## Dr. Maria

### Montessori

believed that no human being is educated by another person. He or she must do it by him or herself or it will never be done. A truly educated individual continues learning long after years he or she spends in the classroom because they are motivated by a natural curiosity and love for knowledge. It was therefore felt that the goal of early childhood education should not be to fill the child with facts from a pre-selected course of studies, but to cultivate the child's own natural desire to learn.

### Fostering Inner Security and a Sense of Order

A child's need for order and security is intensely satisfied through a well ordered, enriching but simplified environment. Ground Rules in a Montessori classroom establishes that every item has it's place, satisfying a child's inner need for order.

### Developing Sensory Motor Skills

This is achieved through activities calling for the manipulation of a wide variety of specially designed apparatus. This goes beyond the scope of traditional Montessori techniques and uses the latest findings of modern psychology. Intriguing tasks involving large and small muscles enable the child to gain increasing control over his/her movements. Many of the tasks for example call for muscular movements and control that has a positive effect on developing proper hand writing skills.

### Sharpening the Ability to discriminate and Judge

Challenging, Sorting and Matching activities confront the child, calling for his/her noting similarities and differences in size, shape, color, texture, odor, sound etc - in short, sharpening his sensory acuity. Thus his senses team to report more accurately the various qualities describing his world.

### Helping Social Development

Children are encouraged to solve their own problems. Short of them causing physical injury to another child, teachers do not interfere during play time. If the adult solves every problem, the parent will be expected to solve the child's problems even as they grow up to become adults. Only from hard experience do children understand the need to be diplomatic and considerate of others to get what they want. In short they need to negotiate a positive outcome without resorting to violence.

### Developing Creative Intelligence and Imagination

Through stimulating programmed activities, the child is encouraged to implement the exciting feelings and perceptions he gains from his total pre-school experience. Opportunities are provided for the child to translate in movement, Form, Color, Sound and Work the inner awakening of self. By harvesting thousands of clear perceptions from well planned practical-life, sensorial, mathematical, music, art, language, science activities, he or she acquires the " mental building blocks " needed later for grasping the meaning of words, ideas and concepts required for learning how to read effectively.

### 3. ADMISSION

The main part of our school program is designed towards the **Preschool Program** (ages 2-6 years) which uses the renowned **Montessori** teaching method to stimulate and prepare your child for kindergarten and primary school.

#### Admission Policy

The school admits children aged 2- 6 years. All programs and activities are made available to all students at the school. Those children with emotional or physical handicaps will be considered for admission on an individual basis. Admission will be dependent on the ability of the child to benefit from the program.

#### Enrollment Requirements

- Enrollment procedures include a tour of the school, passing an entry interview, paying all fees, and completing all documentation.
- Before any child is enrolled in a class the child must see a Doctor for a complete physical check up.
- Each child is required to continue an immunization program. In addition an annual physical examination is required by your family physician.

#### What do you need to enroll?

**Please ensure that you receive all the documents listed below**

- Copy of Admission Agreement
- Notification of Parents Rights form (LIC 995)
- Personal Rights form (LIC 613A)
- Identification and Emergency Information Child Care Centres (LIC700)
- Consent for Emergency Medical Treatment (LIC627)
- Child's pre-admission Health care History Parents Report (LIC 702)
- Physicians Report - Child Care Centres (LIC 701)
- (Medical assessment required including TB skin testing if indicated by child's physician)
- Immunizations requirements (Supply copy of immunizations)

private ambulance carrier. Consent statements signed by parents will accompany the child so that treatment can be given immediately. It is **IMPERATIVE** that PARENTS keep emergency contact information up-to-date.

#### Supplies

It is the responsibility of the parent/s to provide extra clothes, blankets, diapers, diaper wipes as needed. Please make sure that all items are marked with a non toxic marker and remain readable as identification frequently becomes difficult. As clothes are outgrown replacements need to be made and marked again.

#### Late Pick-Up

Every child picked up late will be charged a late fee of \$1.00 per minute It is payable to the staff member who is waiting with your child.

**Late fees are also payable if you exceed your contracted times specified on your Admission Agreement.** For example if your attendance times are between 8 am - 12 pm and you collect your child at 12:30 pm, you will be billed \$30 (\$1 per minute). The reason for this is we need to maintain strict staff ratios by law. If your child stays longer we need to have additional staff present to ensure that we do not go over our staff to child ratio.

#### Authorization For Pick-Up

California law requires the School to release children only to those authorized to take the child from the School—parents or others on file with the School office. Any changes must be in writing. **Authorization cannot be phoned in!** The designated person must show valid identification (driver licence) prior to the release of the child.

## 2. Trade-off.

When children scribble on the wall, we give them paper and crayons. When they race dangerously indoors, we take them outside for a game of chase. When they throw books at each other, we gather them for a story time or organize a beanbag toss game.

## 3. Fix-up.

Another strategy we use is asking children to help fix up the results of their actions. If they throw or spill food, we calmly offer them a cloth to clean it up. If they break a toy, a suggestion is made that perhaps they can help fix it. If they make another child cry, have them help with the soothing and make it a learning experience.

No corporal punishment, caning or any form of physical punishment is administered at Angels Montessori Preschool. If a child is exhibiting behavioral problems that is causing a disruption to the school and other children (such as biting, kicking etc) the school may ask a parent to remove the child for part of the day, the whole day or a couple of days until the child's behavior improves.

If after this, the child still exhibits behavioral problems, the school will ask for a parent teacher conference to determine an appropriate course of action. Depending on the circumstances, a parent may be asked to have their child assessed by a physician.

Once we have discussed your child's unacceptable behavior we will continue to monitor your child. If in the opinion of the director of the school no improvement is seen, we reserve the right to terminate your child from the school.

**Please note our discipline procedures does not violate your child's Personal Rights indicated on Form LIC 613A which all parents are given at enrollment. Take a few moments to review these rights.**

## Emergencies

In the event of an accident or sudden onset of illness the School will not hesitate to seek proper care for a child. The child's individual emergency instructions on file in the School office are consulted immediately and the parents are called. If necessary the child will be transported to a Hospital Emergency room by the Police or Fire Departments, or by

## Fees, Tuition & Payment Terms

- Tuition is due on the first day of each month. If tuition is late by 5 working days, a late charge is applicable
- A non refundable registration fee is required when a child is enrolled. An annual supply fee is also required.
- If a child is taken out of school for any reason, you may keep his/her place by continuing payment of tuition.
- When a holiday occurs and the school is closed, monthly tuition remains the same.
- Tuition two (2) weeks in arrears will result in the child being suspended from the program until tuition is paid. The child's place in the enrollment will be terminated if the full tuition is not paid by the Monday of the third week.
- The fee structure and the program plan are not flexible.
- We also request that the school be given written notice of 1 month notice should you decide to withdraw your child from school.
- There will also be no tuition refunds.

## Classes

Parents may choose from a wide variety of programs. These include full time or part time. In the Part time program parents may choose from either morning, afternoon or certain days of the week. In addition we also have a flexible extended day care programs. Please ask for our fee schedule to see which program suits you the best.

## Absences

Parents are asked to notify the School when a child will be absent. Communicable diseases must be reported to the School immediately, the School does not have a facility for children who become ill while at school. In the event of illness parents are contacted immediately, where upon arrangements must be made to take the child from School.

## Staff

Each child is an individual with his or her own distinct personality, inner development growth pace and potential. The uniqueness of each individual child is respected with concern and insight by a highly skilled staff of experience teachers. The staff also includes junior teachers who are

given the opportunity to get on the job training from experienced teachers.

## Classroom Observation

Parents are encouraged to observe children at work. Arrangements must be made with the Director of the school to schedule visitations

All observations are “passive”—in order to maintain the classroom’s order and effectiveness all observers must refrain from interacting with the children. The goal of observation is to witness what takes place in the classroom without the observer in the room—as the class actually functions.

Classroom observations are the basis for all communication with family explanations in parent meetings, discussions in parent conferences, or recommended readings can all only go so far in helping parents and families understand and appreciate how the Montessori Method is implemented in the classrooms

## Parent Teacher Conferences

There shall be regularly scheduled parent/teacher conferences. These meetings shall take the form of private conferences and shall be held at least once a year. Additional conferences regarding specific matters may be scheduled at the request of the parents or teachers at any time throughout the year.

## School Holidays

We are open all year around except for one week in December and few staff training days. A school calendar will be provided every year so parents can plan ahead for days the school is closed. We are also closed on legal holidays.

## Toys

Please ensure that your child does not bring toys to school, since it is difficult for staff to ensure the safety of these toys for your child and others.

## Communication

Open communication between parents and staff is considered vital to the responsive and respectful care of children. If at any time you have questions, comments or problems, a care provider or the Director is available and will talk with you. Please be aware that the first responsibility of the

of food to be given. These guidelines were suggested by the school consulting pediatrician.

## Discipline

At Angels Montessori Pre-school, we use the latest and most innovative approaches to solving behavioral problems that your child may have. One of our guiding principles is to reduce or prevent behavioral problems from happening before the fact, by observing the following

- Respecting and trusting children
- Listening to children
- Using positive approaches
- Encouraging and accepting expressions of feelings
- Carefully preparing the environment and giving choices
- Setting realistic limits
- Giving plenty of advance notice when activities must end and carefully planning for transition times
- Being a model for the behaviors you would like to see increased in children.

These guiding principles are then adopted into an intervention strategy. These include comment on behavior rather than the child, catching children being good, only making statements you are willing to back up and allowing children to learn the natural consequences of their behaviors. **Type of discipline not permitted includes violation of personal rights, hitting, neglecting and taking food away as a form of punishment.**

Once a behavioral problem has manifested itself we deal with the situation as follows

### 1. Time-out.

When children are disruptive or out of control, they may need to be removed from the situation for a few minutes. Time outs are based on one minute per year (age of child) for a maximum of five minutes. This could be a particular chair or quiet spot as the time-out place. This is a calming device for the child and the teacher. When the time out is over, communication with the child is followed through with an activity.

Clogs, “flip flops,” and other *fashion* driven footwear, are potentially dangerous and a deterrent to active participation in all aspects of school activity. (Clothing motto: *Function not fashion!*)

- All Clothes must be labeled.
- A complete change of clothing must be kept at school.

## Sleeping Facilities

The law requires us to provide sleeping facilities for children under 5 years of age. However we have sleeping facilities available for all children.

Parents to supply and keep one (1) crib sheet and one (1) blanket for your child. These are taken home every Friday, washed and returned on the following Monday.

## Food Service Provisions & Guidelines

- Snacks - Two snacks are provided free of charge by the school daily
- Lunch- Parents must send lunch for their children. The school does not make or provide lunch.
- If you are sending lunch, please help them pack a wellbalanced, nutritional meal, *excluding* candy and other highly sugared foods with excessive quantities of additives, salt and preservatives.
- Nutritious foods include whole grain products, fresh fruits and vegetables and proteins.
- No glass containers. Please make sure your child’s name is clearly marked on lunch boxes and interior containers—which your child should be able to open and close.
- Lunches are to be packed in a container with the child’s name on it and need to include his or her lunch beverage. No plastic bags! No juiceboxes! We are trash-free! Reusable containers that your child can open and close.
- Lunch is a ceremonial meal at school, with several key lessons based on developing independence.

We are glad to help plan and implement the introduction of new foods to your child. Each new food should be given at home for 4 days prior to use at the school. This will enable you to check for allergy or other negative reactions, other than dislike, such as vomiting. Please make sure that the care provider is made aware of the times and the amounts

staff is the supervision of children. A parent conference request can be made at any time and date.

## School Pictures

School pictures are taken once a year. Parents will be advised when this will occur.

## Field Trips

The school does not take children on field trips.

## Extra Curricular Activities

Computer, Gymnastics, Dance, Karate and other extra curricular classes may be offered by the school at an extra cost. Please consult the bulletin board at the school for the latest program updates.

## Transportation Arrangements

The school does not provide any form of transportation to or from the school or transport children for any purpose.

## Emergency Evacuation

In case of an emergency such as an earthquake or fire, the school will evacuate all children to two possible locations. Either one of these locations may be used, depending on availability at the time of the evacuation. Parents please note, we may lose telephone contact during such an emergency. We will make every effort to contact you.

LOCATION 1 : Story Park  
210 N. Chapel Ave. Alhambra, CA 91801  
Tel : (818) 434-1179

LOCATION 2 : Childrens Montessori Center  
19 N. Hidalgo Ave. Alhambra, CA 91801  
Tel : (626) 282-8258

## 4. RULES & REGULATIONS

### Arrival & Departure (Sign-in & Sign Out)

It is imperative that arrival and dismissal times be closely adhered to. The time before class is vital for teacher preparation to ensure a smooth and productive day. *Promptness in a child's life is very important.* Children who arrive late, or who are picked up late tend to feel uncomfortable.

*Tardiness can be very disruptive* to the teachers and classes in session, and creates an awkward beginning for a child's day. Children arriving at school on time have the opportunity to meet with friends and adjust *their* schedule before their work cycle begins. If a child arrives late to school adults do not need to further disrupt the class by entering the classroom, please say good-by to your child outside the classroom.

Each child must be accompanied by an adult into the building. **The law requires parents to sign IN and sign OUT their child from school with a full signature.** Please, be sure to sign your child's attendance record for **each** day. Failure to do so may incur fines from the Department of Social Services for which parents are liable. This requirement is a state law and assures the School that your child is actually in attendance. California law requires the School to dismiss children only to those authorized to take the child from the School—parents or others on file with the School Office. Any changes must be in writing.

### Health & Medication

Each child's health form **must be filled out BEFORE** they begin school. State law requires your child's medication to be in the original prescription container with written instructions and a signed release permitting staff to dispense the medication. The medication must be delivered to the classroom teacher **by the adult, not** the child. Do not send your child to school on days when any of the following symptoms are present: Fever, Rash, Cough, Diarrhea, Vomiting, Discharge of mucous from nose or eyes.

In case of a medical or dental emergency parents will be notified to pick up their children immediately. If they are not available, the staff will call emergency services.

Antibiotic prescribed until the medication has been given for at least 24 hours. Many illnesses are considered non contagious after administration

for 24 hours. Please ask your physician specifically and relay this information to the centre staff. Any new medication, never prescribed before, should be given for 24 hours before returning to the centre.

### Some Helpful Hints on Illnesses

TEMPERATURE : 100.6 rectally. Child should be without fever for 24 hours before returning to school  
CONJUNCTIVITIS which is an eye infection commonly referred to as "pink eye". The eye is generally red with a burning sensation and there is thick yellow drainage secreted. The eye may get stuck after sleeping.  
RASHES that you cannot identify or that have not been diagnosed by a physician  
BRONCHITIS: This can begin with hoarseness, cough and slight elevation in temperature. The cough may be dry and painful, but generally becomes painful  
IMPETIGO of the skin. Shows up as red pimples. These eventually become small fluid filled spots surrounded by reddened area. When the blister breaks, the surface is raw and weeping  
DIARRHEA : Watery or greenish bowel movements that look different are much frequent than usual. This school usually uses a criteria of two diarrhea BM's before calling the parents for pick up  
MEASLES: Incubation period of 10 - 14 days. First symptoms: fever, runny nose, cough, rash. Period of communicability: from cough, runny nose - nine days; after rash appears - five days.  
GERMAN MEASLES: Incubation period 14 - 21 days. Same symptoms as measles. Period of communicability: four days after start of rash.  
CHICKEN POX: Incubation period 13 - 17 days. First symptoms - slight fever and rash. Period of communicability: not more than one day before nor six days after appearance of rash.  
MUMPS: Incubation period: 12 - 26 days. Symptoms: fever, swelling, and tenderness in salivary glands. Period of communicability: seven days before symptoms until nine days after appearance of symptoms.  
POISON OAK: What can be said? *Late at night when you're sleeping...*  
HEAD LICE: No nits, no lice—clothes, beds, everything and everyone needs the treatment if we're to prevent infestations.  
COMMON COLD: Discharge? Green stuff? Stay home. Fever? Stay home. Vomiting? Stay home. Diarrhea? Stay home.

### Clothing

Play clothes are encouraged—simple, washable, sturdy and easy-to-manage clothes are recommended. The School has many activities that include paints, oils and solutions that stain clothes. Montessori environments are "hands-on" classrooms—clothes get dirty and stained. Pre-School children should be able to manage their own clothes—take them on and off.

Belts, leotards, and overalls are often too unwieldy for young children. Avoid "accidents" with clothes they can remove. If they can't yet tie their own shoes they should be wearing velcro-closing shoes. Sneakers or rubber-soled shoes are recommended.