



October 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lentil Soup with Noodles, Carrots and Italian Parsley with Side of White Bread.  Milk	Pasta with Ground Beef and Marinara Sauce with Side of Steamed Corn.  Juice	Turkey Meatball Soup with Potatoes, Vegetables and Side of White Bread.  Milk	Chicken Enchiladas with Cheese and Sauce, Side of Steamed Broccoli.  Juice	Chicken, Green Beans and Potato Curry over White Rice.  Milk
				