

September 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey Meatballs Cooked with Peas and Potatoes in a Curry Sauce over Brown Rice. Milk	Stew with Chicken, Potatoes and Vegetables Served with Side of White Bread. Juice	Sautéed Ground Beef with Red Beans over White Rice. Milk	Pasta with Chicken and Pesto Sauce, Served with Side of Steamed Broccoli. Juice	Rice with Ground Beef Cooked in a Tomato Sauce, Served with Side of Steamed Corn. Milk